

## K-4 School Foodservice Information

**Price:** \$2.15 paid, \$ 0.40 reduced\*, free\* (\*if qualified) Students are required to take 1/2 cup of fruit or vegetable for their meal to be considered a full meal and be charged the meal price.

**\*Free/Reduced meal Plan: Do I have to re-apply each year? Yes,** you must re-apply each year on a family application, **UNLESS** you have received notification from the district that you were directly certified. The application must be received by 9/29/17. Applications are available at each school.

### **Chipperfield Elementary (C.E.) School Meal Information**

**Note to Parent:** Please go over this information with your child. Even though signs are posted, many students are still confused about what is included with the \$2.15 lunch.

**Hot Lunch:** This lunch includes the menu of the day, which is on the printed menu. Also, two daily hot alternates are available which may include pizza, chicken nuggets, grilled cheese, turkey frank and burgers. With each hot lunch, a choice of up to 2 vegetables, and fruit is included as well as a choice of milk.

**Deli Lunch:** Assorted sandwiches are offered daily. This lunch includes a choice of sandwich, up to 2 vegetables, fruit, and choice of milk

**Salad Lunch:** This lunch includes a choice of salad, up to 2 whole grain dinner rolls, fruit, and choice of milk.

### **Arlington, Morey, & Hamilton Elementary School Meal Information**

**Lunch Menu:** The elementary schools serve four menu choices each day. Choice "A" is the featured menu on the printed lunch menu. Choice "B" is a weekly entrée and is served all week. Choice "C" a pizza entrée and choice "D" a PBJ Uncrustable are served daily. Fruit and/or juice, vegetables, and choice of milk are included in the lunch price of \$2.15.

### **All Schools Breakfast:**

Is available daily. Assorted choices of cereal, juice, muffins, and milk are offered. Hot breakfast rotates throughout the week. Breakfast is \$1.10, \$.30 reduced\*, free\* (\*if qualified). Students are required to take 1/2 cup of fruit or juice for their meal to be considered a full meal and be charged the meal price.

### **Payment Procedure:**

All schools are using the POS (Point of Sale computerized system). It is preferred that parents use the system as it is intended. Any amount of money can be deposited onto your child's meal account, but we strongly recommend the minimum payment be for at least one week's worth of meals and snacks. Payment options include:

For Online payments and/or to view your child's purchases **AND BALANCES** visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to set up your child's account. This link is also available on our district's website: [www.sburg.org](http://www.sburg.org)

For check payments make your check payable to your elementary school's cafeteria (Ex: Morey cafeteria) and add your child's name and ID number in the memo section,

For cash payments please note: Lost or missing money will be the responsibility of the parent. The payment needs to be handed in to the teacher in the morning. The payment will be put on your child's account in time for lunch. This system eliminates the daily cash exchange and it speeds up the lunch line process.

All payments should have your child's first and last name, student ID, and homeroom teacher clearly printed on the envelope.

\*Ala Carte snacks and beverages are also available for purchase that meets the wellness policy guidelines. If you have any restrictions regarding your child buying an ala carte snack or beverage, please send a note in and list your phone number in case of questions.

Nutrislice brings the power of the school menu, nutrition and allergen information right to the palm of your hand! It is available on line through our district website. Simply click on the Departments tab, then the Food Services tab. Click on the red apple. Download the free Nutrislice App from the App Store (IOS) or Google Play (Android) and search for your menu.

### **Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school, Our guidelines:**

- Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans
- Provide more whole grain foods, such as brown rice and whole wheat
- Encourage lean proteins including vegetarian and plant based
- Reduce unhealthy fats, sodium, and sugar
- Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

**To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)**